WHOLE BODY VIBRATION SEMINAR
(For children with special needs)
organised by
The Cerebral Palsy (Spastic) Children’s Association of Penang
with the support of
Jabatan Kebajikan Masyarakat Malaysia
Yayasan Pembangunan Ekonomi Islam Malaysia (YaPEIM)

Venue : Dewan Dato’ Ong Kim Seng
The Cerebral Palsy (Spastic) Children’s Association of Penang

Date : March, 28, 2020 (Saturday)
Time : 8:30am - 1:30pm
Fees : RM50.00 per person

Physiotherapist(s), Occupational Therapist(s), Doctor(s), Parents of special needs children and those who are interested can participate in this seminar. Kindly register online using the QR CODE below or via https://tinyurl.com/r64vmsw by February, 29, 2020. Those who cannot access the online registration may get the form from CPCAP office (address at the bottom)

FACILITATOR: Mr. Chad Timmermans
Director of Timmermans Method
Exercise Physiologist
Psychologist

-Founder of Power Plate for Cerebral Palsy
-Master trainer for Power Plate International
-Founder of Therasuit method in Australia
-Cuevas Medek Exercises (CME) Level 2
-Delacato Method master therapist & trainer
-2014 Exercise Physiologist of the Year

AGENDA:

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>9:00am - 9:30am</td>
<td>History of WBV &amp; Chad’s Experience in CP rehab</td>
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<tr>
<td>9:30am - 10:00am</td>
<td>How WBV works?</td>
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<td>10:00am - 11:00am</td>
<td>Techniques for WBV CP</td>
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<td>11:00am - 11:15am</td>
<td>Break</td>
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<td>11:15am - 12:00noon</td>
<td>Use of Intensive Therapy</td>
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<td>12:00noon - 12:30pm</td>
<td>Overview of cases</td>
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<tr>
<td>12:30pm - 1:30pm</td>
<td>Question &amp; Answer</td>
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Scan the QR Code

We take this opportunity to thank all those who have contributed in one way or another towards the realisation of this project. THANK YOU

Use of WBV for intensive therapy. Using it to build into range of motion, strength, balance, movement.

Use of WBV with CME for balance in CP.

Use of WBV with the therasuit Method to improve body awareness.

WBV and different strength training strategies for cerebral palsy.

WBV and sensory integration for different neurological condition.

Case review. How WBV has helped individual children.

An opportunity to ask question and review.

Organised by:
PERSATUAN KANAK-KANAK CEREBRAL PALSY (SPASTIK) PULAU PINANG
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